# Sekwele Family Strengthening Programme – Building Healthy Families

What?

Where?

Bethlehem Diocese Eastern Free State and beyond .....

For whom?

**ALL TYPES OF FAMILIES**

With what capacity?

- 1 Board of Trustees
- 4 staff
- 15 pastoral councils
- 54 family support groups
- 20 service providers
- 40 expert individuals
- 50 partner organisations

Targets 2020-2022

- 4 deaneries
- 14 parishes
- 54 local communities
- 1140 families
- 7000 participants
- 3 mil Free State citizens
- 57 mil South African citizens

Funding?

- volunteerism
- donations
- local funders
- international donors
- membership fees
- government funds
- income generation
- ProBono services

## Family Cohesion Project (FCP)

- Workshops / seminars / information sessions on support services provided to families / family members
- Governance training for Family Support Group (FSG) members
- Follow-on support services provided as a result of referrals – one-on-one sessions or group sessions with skilled / qualified professionals

## Centre for Family Studies (CFS)

- Types of families
- Parenting skills
- Conflict management
- Communication skills
- Household budgeting
- Personal finances
- Healthy living
- Substance abuse
- Mental health

Information sharing workshops / seminars / conferences

Media advocacy eg. radio, TV, written articles, social media

Discussion papers / documents representing family issues to stakeholders

Materials development, data management, research / studies on family related matters